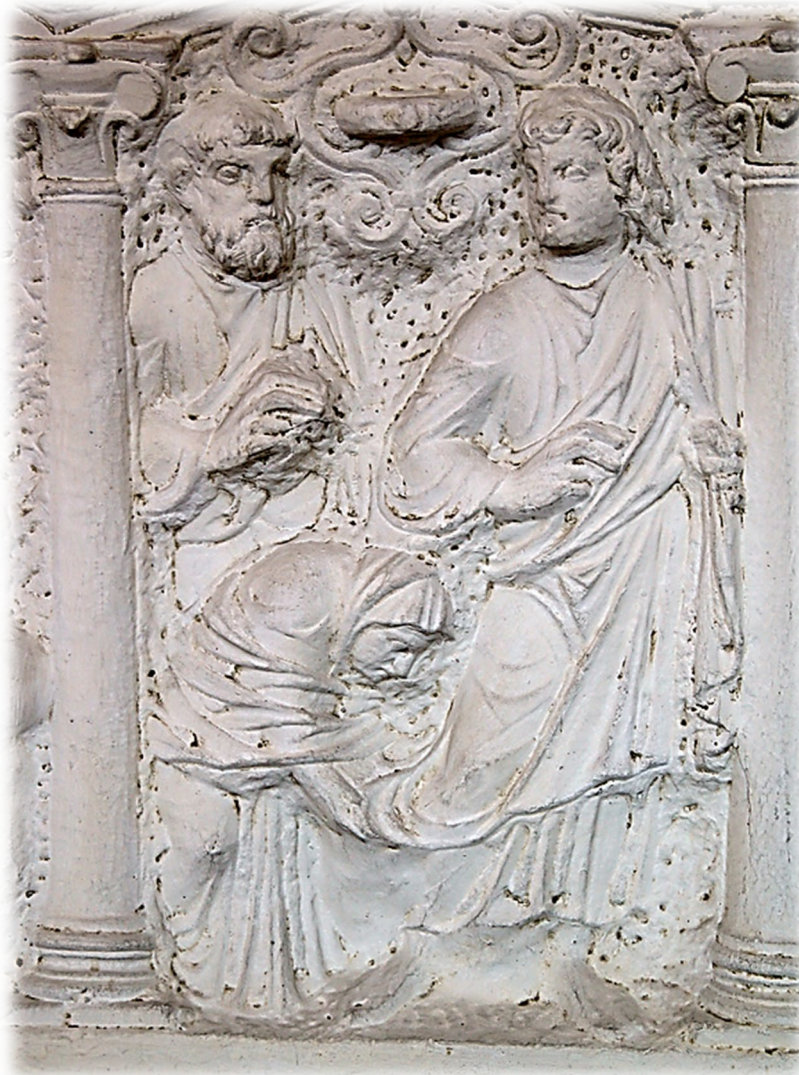


# Fifth Sunday after the Epiphany

*Holy Eucharist, Rite I – 8:00am, February 4, 2024*



St. Mark's Episcopal Anglican Church

Fairland Parish

Rev. Dr. Christopher I. Wilkins, Rector

# Holy Eucharist, Rite I

## *Fifth Sunday after the Epiphany*

*The Celebrant proceeds to the Altar and says:*

### Opening Rites

*Celebrant:* Blessed be God: Father, Son, and Holy Spirit,

*People:* And blessed be God's kingdom, now and forever. *Amen*

*Celebrant:* Almighty God, unto you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Hear what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

*The Cantor leads the People in singing the following:*

**Morning Canticle: *Surely it is God who saves me***

**Hymn #679**

*Paraphrase of the First Song of Isaiah*

1. Surely it is God who saves me; trusting him, I shall not fear. For the Lord defends and shields me and his saving help is near. So rejoice as you draw water from salvation's living

spring; in the day of your deliverance thank the Lord, his mercies sing.

2. Make his deeds known to the peoples; tell out his exalted Name. Praise the Lord, who has done great

things; all his works his might  
proclaim. Zion, lift your voice in  
singing; for with you has come to

dwell, in your very midst, the great  
and Holy One of Israel.

### **The Collect of the Day**

*The Celebrant continues:*

*Celebrant:* The Lord be with you.

*People:* And with thy spirit.

*Celebrant:* Let us pray.

*The Celebrant says the Collect.*

Set us free, O God, from the bondage of our sins and give us, we beseech thee,  
the liberty of that abundant life which thou hast manifested to us in thy Son our  
Savior Jesus Christ; who liveth and reigneth with thee, in the unity of the Holy  
Spirit, one God, now and for ever. *Amen.*

### **The Liturgy of the Word**

#### **The Old Testament Lesson**

**Isaiah 40:21-31**

- <sup>21</sup> Have you not known? Have you not heard?  
Has it not been told you from the beginning?  
Have you not understood from the foundations of the earth?
- <sup>22</sup> It is he who sits above the circle of the earth,  
and its inhabitants are like grasshoppers,  
who stretches out the heavens like a curtain  
and spreads them like a tent to live in,
- <sup>23</sup> who brings princes to naught  
and makes the rulers of the earth as nothing.
- <sup>24</sup> Scarcely are they planted, scarcely sown,  
scarcely has their stem taken root in the earth,

when he blows upon them, and they wither,  
 and the tempest carries them off like stubble.  
<sup>25</sup> To whom, then, will you compare me,  
 or who is my equal? says the Holy One.  
<sup>26</sup> Lift up your eyes on high and see:  
 Who created these?  
 He who brings out their host and numbers them,  
 calling them all by name;  
 because he is great in strength,  
 mighty in power,  
 not one is missing.  
<sup>27</sup> Why do you say, O Jacob,  
 and assert, O Israel,  
 “My way is hidden from the LORD,  
 and my right is disregarded by my God”?  
<sup>28</sup> Have you not known? Have you not heard?  
 The LORD is the everlasting God,  
 the Creator of the ends of the earth.  
 He does not faint or grow weary;  
 his understanding is unsearchable.  
<sup>29</sup> He gives power to the faint  
 and strengthens the powerless.  
<sup>30</sup> Even youths will faint and be weary,  
 and the young will fall exhausted,  
<sup>31</sup> but those who wait for the LORD shall renew their strength;  
 they shall mount up with wings like eagles;  
 they shall run and not be weary;  
 they shall walk and not faint.

Reader: The Word of the Lord.

People: Thanks be to God.

**Psalm of the Day: *Laudate Dominum***

**Psalm 147:1-11, 20c**

*The Cantor chants the Psalm.*

- <sup>1</sup> Hallelujah!  
How good it is to sing praises to our God! \*  
how pleasant it is to honor him with praise!
- <sup>2</sup> The LORD rebuilds Jerusalem; \*  
he gathers the exiles of Israel.
- <sup>3</sup> He heals the brokenhearted \*  
and binds up their wounds.
- <sup>4</sup> He counts the number of the stars \*  
and calls them all by their names.
- <sup>5</sup> Great is our LORD and mighty in power; \*  
there is no limit to his wisdom.
- <sup>6</sup> The LORD lifts up the lowly, \*  
but casts the wicked to the ground.
- <sup>7</sup> Sing to the LORD with thanksgiving; \*  
make music to our God upon the harp.
- <sup>8</sup> He covers the heavens with clouds \*  
and prepares rain for the earth;
- <sup>9</sup> He makes grass to grow upon the mountains \*  
and green plants to serve mankind.
- <sup>10</sup> He provides food for flocks and herds \*  
and for the young ravens when they cry.

<sup>11</sup> He is not impressed by the might of a horse; \*  
he has no pleasure in the strength of a man;

<sup>20</sup> He declares his word to Jacob, \*  
his statutes and his judgments to Israel.

**Second Reading: “*God’s Grandeur*,” by Rev. Gerard M. Hopkins, SJ<sup>1</sup>**

The world is charged with the grandeur of God.  
It will flame out, like shining from shook foil;  
It gathers to a greatness, like the ooze of oil  
Crushed. Why do men then now not reck his rod?  
Generations have trod, have trod, have trod;  
And all is seared with trade; bleared, smeared with toil;  
And wears man’s smudge and shares man’s smell: the soil  
Is bare now, nor can foot feel, being shod.

And for all this, nature is never spent;  
There lives the dearest freshness deep down things;  
And though the last lights off the black West went  
Oh, morning, at the brown brink eastward, springs—  
Because the Holy Ghost over the bent  
World broods with warm breast and with ah! bright wings.

*Reader:* Here ends the reading.

*People:* Amen.

## **The Gospel**

**Mark 1:29-39**

*Then, all standing, a Deacon or Priest reads the Gospel, first saying*

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to Mark.

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<sup>1</sup> A Reading from the *Season of Creation: A Celebration Guide for Episcopal Parishes* (2023).

*People:*        Glory be to thee, Lord Christ.

<sup>29</sup> As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. <sup>30</sup> Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. <sup>31</sup> He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

<sup>32</sup> That evening, at sunset, they brought to him all who were sick or possessed by demons. <sup>33</sup> And the whole city was gathered around the door. <sup>34</sup> And he cured many who were sick with various diseases and cast out many demons, and he would not permit the demons to speak, because they knew him.

<sup>35</sup> In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. <sup>36</sup> And Simon and his companions hunted for him. <sup>37</sup> When they found him, they said to him, "Everyone is searching for you." <sup>38</sup> He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also, for that is what I came out to do." <sup>39</sup> And he went throughout all Galilee, proclaiming the message in their synagogues and casting out demons.

*Deacon:*        The Gospel of the Lord.

*People:*        Praise to thee, Lord Christ.

## **The Sermon: Charged**

### **The Creed**

*As Deacon or Priest prepares the table, the LEM leads the People as they say:*

We believe in one God, the Father Almighty, maker of heaven and earth, and of  
all things visible and invisible;

And in one Lord Jesus Christ, the only-begotten Son of God, begotten of his  
Father before all worlds,

God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father, by whom all things were made;  
who for us and for our salvation came down from heaven, was incarnate by the Holy Ghost of the Virgin Mary, was made human, and was crucified also for us under Pontius Pilate, suffered and was buried;  
and on the third day rose again according to the Scriptures, and ascended into heaven, and sitteth on the right hand of the Father, and shall come again, with glory, to judge both the quick and the dead, whose kingdom shall have no end.

And *we* believe in the Holy Ghost the Lord, and Giver of Life, who proceedeth from the Father *and the Son*; who with the Father and the Son together is worshiped and glorified; who spake by the Prophets. And *we* believe one holy Catholic and Apostolic Church.

We acknowledge one Baptism for the remission of sins; and look for the resurrection of the dead, and the life of the world to come. Amen.

## **The Prayers of the People**

*The LEM says*

Let us pray for the whole state of Christ's Church and the world.

We pray for all God's people; for our bishops, our clergy, and this gathering, and for all ministers and people. Pray for the Church.

*Silence*

We pray for peace; for goodwill among nations, for justice, and for the well-being of all.

*Silence*

We pray for the poor, the sick, the hungry, the oppressed, and those in prison. We pray for those in any need or trouble.



*Silence*

We pray for all who seek God, or a deeper knowledge of God.  
Pray that they may seek, and pray that they might find.

*Silence*

We pray for those who have lost their faith, or who have never known it. Pray that God may open their minds, and grace move their hearts, to know and to follow Christ's way of love.

*Silence*

We pray for the departed [*especially N.N.*]. Pray for those who have died.

*Silence*

We pray for those on our prayer list, and for those whose needs are known to you alone.

*Silence*

*The Celebrant adds a concluding collect.*

## **Confession of Sin**

*If the confession is not omitted, the Deacon or Celebrant then says*

Let us humbly confess our sins unto Almighty God.

*Silence is kept. The People, led by the LEM, then say*

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all people:

We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and

deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us.

We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable.

Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.

*The Bishop when present, or the Priest, alone stands and says*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. Amen.

### **Words of Comfort**

*A Minister may then say one or more of the following sentences, first saying*

Hear the Word of God to all who truly turn to God.

Come unto me, all ye that travail and are heavy laden, and I will refresh you. *Mt. 11:28*

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *John 3:16*

This is a true saying, and worthy to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1:15*

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; the perfect offering for our sins, and not ours only, but the sins of the whole world. *1 Jn 2:1-2*

### **The Peace**

*The People stand.*

*Celebrant:* The peace of the Lord be always with you,

*People:* And with thy spirit.

*The Ministers and People greet one another while keeping physical distance.*

## **The Holy Eucharist: The Great Thanksgiving**

*Celebrant:* The Lord be with you,

*People:* And with thy spirit.

*Celebrant:* Lift up your hearts.

*People:* We lift them up unto the Lord.

*Celebrant:* Let us give thanks unto our Lord God.

*People:* It is meet and right so to do.

*Then, facing the Holy Table, the Celebrant proceeds*

It is very meet, right, and our bounden duty, that we should all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your son Jesus Christ our Lord.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*The People, led by the LEM, say*

Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.

Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

*The people kneel or stand. The Celebrant continues*

All glory be to thee, Almighty God, our heavenly Father, for that thou didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the world; and did institute, and in his holy Gospel command us to continue, this remembrance of his death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me." ‡

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me." ‡

We beseech thee, O merciful Father, to hear us, and to bless and sanctify, with thy Word and Holy Spirit, these gifts and creatures of bread and wine; that, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, we may be partakers of his most blessed Body and Blood.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; beseeching thee that we, and all who shall partake of this Holy Communion, may worthily receive the Body and Blood of thy Son Jesus Christ, be filled with thy grace and benediction, and made one body with him, that he may dwell in us, and we in him.

By whom, and with whom, and in whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. AMEN.  
‡‡

Now, as Christ taught us, we are bold to say,

*The People, led by the LEM, pray*

Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.

## **The Breaking of the Bread (Fraction)**

*The Celebrant breaks the consecrated Bread, and then keeps a period of silence.*

*The following or some other suitable fraction anthem may be sung or said here*

*Celebrant:* Alleluia! Christ our Passover is sacrificed for us.

*People:* Therefore let us keep the feast. Alleluia!

*As the Celebrant sets out the gifts, the LEM may lead the People in this prayer*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property it is always to have mercy. Grant us, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

*The Celebrant says:*

The Gifts of God for the People of God.

*The People come forward to receive the gifts.*

## **Post-Communion Prayer**

*After Communion, the Celebrant says*

Let us pray. *The Celebrant prays*

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart, through Christ our Lord. Amen.

## **Announcements**

*Announcements, if any, are made here.*

## **Blessing and Dismissal**

*The Bishop, if present, or the Celebrant says*

The Lord bless you and keep you.

The Lord make his face to shine upon you and be gracious to you.

The Lord be with you, this day and always, and give you peace.

*The LEM says*

Let us go forth, in peace, to love and serve the Lord.

*The Celebrant, the LEM, and the People depart, maintaining physical distance.*

**The Flowers on the altar are given today to the Glory of God by Jess and Mala  
Rowland in Memory of Mrs. Ramani Ponnurat, sister of Mala.**

\*Our services and events may be live-streamed and/or recorded. By entering the service/event premises, you consent to photography, audio recording, video recording and its/their release, publication, exhibition, or reproduction to be used for live streaming, promotional purposes, advertising, inclusion on web sites, and/or any other purpose by St. Mark's Episcopal Church. \*

If you would prefer not to be shown on camera, please sit out of range of the video camera.

**LEM/Reader**

Olivia Lee

### **St. Mark's Announcements**

1. **Sunday Adult Study and Discussion:** in the Parish Hall and via Zoom, Sundays, 9:05-10:10 am. All are welcome. Please see Rev. Christopher for more information.

**Our current topic of study:** The 1<sup>st</sup> Book of Enoch and Other Pseudepigrapha.

**Our next topic of study:** Walter Rauschenbusch and the Social Gospel Movement.

2. **Altar Flowers:** Beginning with Easter and through the season of Epiphany, you may sponsor the Altar Flowers for any Sunday or major feast day in memory of your loved ones, a birthday, an anniversary, or any other suitable occasion – or even just because. The sign-up book with details is in the church office or, on Sundays, in the narthex (at the back of the church). Please contact the office for more information or to support this part of our worship.
3. **Assisting with Worship and Other Ministries:** We welcome and encourage you to serve at either worship service as Lector (Reader), Intercessor, Lay Eucharistic Ministers (LEM), Lay Eucharistic Visitors (LEV), Acolyte, Usher, and Greeter. We also would welcome a new Head of Outreach, or a team of leaders, to lead this ministry, and new members to the Fellowship Committee, Counter Team, and Altar Guild. Please see Rev. Christopher if you would like to serve in any of these roles.
4. **Tending Our Soil:** The TOS team, focused on St. Mark's vitality as a congregation, is seeking two new members. TOS is currently working on a few projects: a Vision,

Mission, and Goals statement; and making the Sanctuary more welcoming for people with small children. If you are interested, please see Rev. Wilkins.

Tending Our Soil is putting together a small team to take input from the congregation and public on the “Welcoming Children” project and then design it. This project should take fewer than 90 days. To express interest, please contact Beth Walton in person or by texting 240-461-1647.

5. **Bag Lunches for Elizabeth House:** On the 3<sup>rd</sup> Sunday of each month, following the 8:00am service, St. Mark’s Outreach ministry makes bag lunches for those in need at Elizabeth House. St. Mark’s is looking for volunteers to help make these bag lunches. Please contact Linda Toran or the office if you would like to volunteer.
6. **Coffee Hour Hosting:** Please consider helping to host the *Coffee Hour* following the 10:30 service. Help is needed with setup, cleanup, and purchasing. There is a sign-up notebook located on the wall beside the coffee pot in the Parish Hall. The notebook includes instructions on what a host needs to do. We give thanks for all those who help with this ministry of hospitality.
7. **Financial Oversight Committee (FOC) Meeting:** Tuesday, February 20, 2024, at 7:00pm in the library. Please let the Parish Administrator know if you would like to attend this meeting via Zoom.
8. **Vestry Meeting:** Tuesday, February 27, 2024, at 7:00pm in the Parish Hall. Please let the Parish Administrator know if you would like to attend this meeting Zoom.

*Please check your e-letters and the website for the most up-to-date information.*

## Save the Date

### **Wednesday, February 7, 2024: FOOD DISTRIBUTION:**

St. Mark’s has partnered with the Capitol Area Foodbank and Vietnamese American Services (VAS), to bring fresh vegetables and fruits to the community on a first come, first served basis, once a month between **1pm and 3pm**. Please pick up at the Parish Hall. St. Mark’s parishioners may call the office at 301-622-5860 to reserve a produce



bag. All reserved food must be picked up no later than 3pm on Friday.  
**VOLUNTEERS ARE NEEDED:** if you can spare an hour or two.

**Saturday, February 10, 2024: St. Mark's Mardi Gras Potluck Dinner Dance:**

St. Mark's Fellowship Committee is hosting a Mardi Gras Potluck Dinner Dance from 6:30 pm to 11:00 pm in the Parish Hall.

If you would like to bring a dish to share, you may find the sign-up sheet in the church office.

We hope you will join us for an evening of fellowship, tasty food, live music, and dancing. Be sure to invite your family and friends. Children are welcome.

**Sunday, February 11, 2024: St. Mark's Annual Meeting:**

St. Mark's 2024 Annual Meeting will soon be upon us, and we hope that you will be able to join us, following our 10:30am service at 11:30am in the Parish Hall. Our theme this year is: **"Sharing God's Love – A Community's Mission."**

**Wednesday, February 14, 2024: Ash Wednesday services:**

1. Holy Eucharist and Imposition of Ashes, Riderwood Chapel, 10:30am.
2. Morning Prayer with Imposition of Ashes, St. Mark's Church, 11:30 am.
3. Sung Vespers with Imposition of Ashes, St. Mark's Church, 7:00 pm.

On or before Sunday, February 11, 2024, please bring to St. Mark's any dried palm leaves you may have from prior years. The palms will be turned to ash prior to the evening service for use during that service. If you would like the imposition of ashes at your home, please contact Rev. Wilkins.

### St. Mark's Mission

- ❖ *We will deepen our faith* by adopting more liturgical options to reach out into the community.
- ❖ *We will extend our outreach* by getting more people involved in and reaching more people through community involvement.
- ❖ *We will embrace evangelism* by choosing to be a church that reaches out to our community and spread the good news of Christ.
- ❖ *We will increase our participation* by being committed to our church through regular attendance, and giving of our resources of time, talent, and treasure.

**St. Mark's Episcopal Church, Fairland, MD**

12621 Old Columbia Pike, Silver Spring, MD 20904

[office@stmarks-silverspring.org](mailto:office@stmarks-silverspring.org) \* 301-622-5860 ext. 180

*Parish Office hours: Monday – Friday, 10:00 am – 2:00 pm and by appointment. Rector regular office hours: Tuesday – Thursday, 10-4. Please call, text, or email the rector if you would like to schedule an appointment; prepare for baptism, confirmation, first communion, reception, reaffirmation, or reconciliation; or have a pastoral need or concern.*

The Rev. Dr. Christopher Wilkins, Rector

[rector@stmarks-silverspring.org](mailto:rector@stmarks-silverspring.org) \* Cell: 301-768-3075 \* 301-622-5860 ext. 105

Janis Smith, Parish Administrator

[administrator@stmarks-silverspring.org](mailto:administrator@stmarks-silverspring.org) \* 301-622-5860 ext. 104

Don Hague, Director of Music

Keira Vargas, Parish Secretary

Pamela Gibson, Senior Warden

Rosanne Tingley, Junior Warden

For information about St. Mark's, please visit our website:

[www.stmarksfairland.org](http://www.stmarksfairland.org) \* [www.stmarks-silverspring.org](http://www.stmarks-silverspring.org)

We hope that today's service has been a blessing to you.

We are here to serve you and hope to see you again.

Please feel free to call us, email us, or visit us online.

*Cover Art Photo:* Christ in the Act of Healing, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=51205> [retrieved January 29, 2024].  
Original source: Prof. Patout J. Burns and Prof. Robin M. Jensen, [rjensen3@nd.edu](mailto:rjensen3@nd.edu).

## ST. MARK'S EPISCOPAL CHURCH

### MARDI GRAS POTLUCK DINNER DANCE

Saturday, February 10, 2024 6:30 pm to 11:00 pm Dinner will be served  
at 7:00 pm

Fellowship



Food



Music



Dancing

#### Live Jazz

Performed by  
Nat Nolan & Friends



#### DJ Levi Jones

**Please RSVP by February 3.**

Send an email to [office@stmarks-silverspring.org](mailto:office@stmarks-silverspring.org)  
with your name and the number of guests in your party.

If you would like to bring a dish to share the sign-up sheet is in the church office.

St. Mark's Parish Hall  
12621 Old Columbia Pike, Silver Spring, MD 20904

**BYOB — BEER AND WINE ONLY**

*(Remember to bring a corkscrew)*

*YOU MUST BE OVER 21 TO CONSUME ALCOHOLIC BEVERAGES*